

Preschool Programs

Most classes held at: NKCC
North Kirkland Community Center
12421 103rd Ave NE ★ 425.587.3350

PRESCHOOL CLASS REQUIREMENTS

- ★ Children must be able to follow directions and participate in small group setting without a parent.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for “no class” dates.
- ★ Please be on time for drop-off and pick-up!
- ★ If we cancel an individual class, we will make it up when the schedule allows. If the schedule does not allow for a make-up class, a credit will be issued. No make-up are available for missed classes.
- ★ Refund policy is on page 13.

ABC & 123 “Preschool & Kindergarten Readiness”

Ages 3½ to 4 years

Children must be able to follow directions and participate in small group setting without a parent—but we know how scary your first class can be, so bring your mom the first day and see how easy it is to meet new friends. In this small group setting with a 1 to 8 teacher to student ratio the teacher will work with your little one on socialization skills, like learning to share and playing with others. She will teach letter and color recognition, number sequencing, and seasons. She’ll even sprinkle in stories, play, and art, while doing creative group and individual projects. Learning has never been so much fun!

Class time has changed to 1.25 hours.

10 weeks • Resident \$133 / Non-Resident \$160

Tue	10:40–11:55am	Apr 12–June 14	48479
-----	---------------	----------------	-------

ABC & 123 takes a summer break
—see you in the fall!



Art Adventures (Parent Participation Optional)

Ages 3 to 5 years

You’re a little bit older, and now ready for this, a safari in art you won’t want to miss. So lace up your boots, on a hunt we will go, that will take us through paint lands and mountains of dough. We’ll capture the colors and textures and more, and release them to projects you’re sure to adore.

Instructor: Miss Pamela • Location: NKCC • 3 weeks
Resident \$24 / Non-Resident \$29

Wed	10:30–11:15am	Apr 13–27	48518
Wed	10:30–11:15am	May 4–18	48519
Wed	10:30–11:15am	May 25–June 8	48520

Creating in the Kitchen with Karen

Ages 3 to 5 years (children only)

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

Instructor: Karen Renfro-Gielgens • Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE) • 8 weeks • No class 5/30 & 7/4 • \$10 supply fee payable to instructor • Resident \$72 / Non-Resident \$86

Mon	2:30–3:30pm	Apr 25–June 20	48514
Mon	2:30–3:30pm	June 27–Aug 22	48516

Creating in the Kitchen with Karen
ages 4–8, see page 29.

Engineering For Kids

Junior Civil Engineering

Ages 4 to 6 years

The Junior Civil Engineering program is designed to introduce young engineers to the job of a civil engineer, the field of civil engineering, and basic concepts of engineering as it relates to building and construction. Through open discussion and focused exploration, students will design and construct their own skyscrapers, bridges, and structures designed to withstand the forces of nature!

Instructor: Engineering for Kids • Location: NKCC • 6 weeks
• \$35 supply fee payable to the instructor at the first class
Resident \$90 / Non-Resident \$108

Wed	1–1:45pm	Apr 13–May 18	48527
-----	----------	---------------	-------



Preschool Music

Move Over Mozart Piano Classes

Ages 3 to 6 years

Learn to play familiar tunes on the piano, read music, and, basic music theory. Class recitals throughout the year are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction. A one-time \$10 materials fee is payable to instructor and due at first class. Class size is limited to 6 (additional classes may be added based on waiting lists).

For more information visit moveovermozart.net • NKCC

Ages 3 & 4 years

Spring Monday classes 9 weeks • No class 5/30
Resident \$89 / Non-Resident \$107

Mon	4–4:30pm	Apr 11–June 13	48480
Mon	5–5:30pm	Apr 11–June 13	48481

Spring Tuesday or Thursday classes 10 weeks
Resident \$99 / Non-Resident \$119

Tue	4:30–5pm	Apr 12–June 14	48482
Thur	4–4:30pm	Apr 14–June 16	48483
Thur	5:30–6pm	Apr 14–June 16	48484

Summer Monday classes 8 weeks • No class 7/4
Resident \$79 / Non-Resident \$95

Mon	4–4:30pm	June 20–Aug 15	48495
Mon	5–5:30pm	June 20–Aug 15	48496

Summer Tuesday or Thursday classes 9 weeks
Resident \$89 / Non-Resident \$107

Tue	4:30–5pm	June 21–Aug 16	48497
Thur	4–4:30pm	June 23–Aug 18	48498
Thur	5:30–6pm	June 23–Aug 18	48499

Ages 5 & 6 years

Spring Monday classes 9 weeks • No class 5/30
Resident \$89 / Non-Resident \$107

Mon	4:30–5pm	Apr 11–June 13	48485
-----	----------	----------------	-------

Spring Tuesday or Thursday classes 10 weeks
Resident \$99 / Non-Resident \$119

Tue	4–4:30pm	Apr 12–June 14	48486
Thur	4:30–5pm	Apr 14–June 16	48487
Thur	6–6:30pm	Apr 14–June 16	48488

Summer Monday classes 8 weeks • No class 7/4
Resident \$79 / Non-Resident \$95

Mon	4:30–5pm	June 20–Aug 15	48500
-----	----------	----------------	-------

Summer Tuesday or Thursday classes 9 weeks
Resident \$89 / Non-Resident \$107

Tue	4–4:30pm	June 21–Aug 16	48501
Thur	4:30–5pm	June 23–Aug 18	48502
Thur	6–6:30pm	June 23–Aug 18	48503



Preschool Music cont'd

Move Over Mozart Advanced Piano Classes

Ages 5 to 7 years

For advanced students only with instructor permission. Students need to know the following prerequisites: able to name the white keys on the piano, know the rhythm notes, and very basics of reading notes on the staff, know treble clef for right hand, bass clef for left hand, the difference between line and space notes, know what a step looks like in music and on the piano vs. a skip (or a 2nd vs. a 3rd) and what up and down means on the piano.

For more information visit moveovermozart.net
Location: NKCC

Spring 10 weeks • \$99 / Non-Resident \$119

Tuesday	5–5:30pm	Apr 12–June 14	48510
---------	----------	----------------	-------

Summer 9 weeks • \$89 / Non-Resident \$107

Tuesday	5–5:30pm	June 21–Aug 16	48512
---------	----------	----------------	-------

Move Over Mozart classes for
ages 7–12 years, see page 26.

Knee Hi Investigators for 4's

Seeds, Sprouts, & Blossoms

Age 4 years

Learn how things grow! Where do flower seeds come from, what do they take to grow? What foods grow underground? How tall is the tallest tree? We'll investigate these mysteries and many more and during class do fun things like sprout a bean stalk or paint with flowers!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res \$42

Tue	10:30–11:30am	Apr 12–26	48524
-----	---------------	-----------	-------

Nests, Caves, & Burrows

Age 4 years

Learn where animals live! Are there caves under water, and who lives in them? Do ants eat dirt to build their home? What holds a nest together? We'll investigate these mysteries and many more and during class do fun things like build our own nest and watch a group of ants busy at the farm!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res \$42

Tue	10:30–11:30am	May 3–17	48525
-----	---------------	----------	-------

Bugs, Germs, and Dirty Hands

Age 4 years

Learn how germs are spread! How far can a sneeze travel? What do germs look like up close? What's under your fingernails? We'll investigate these mysteries and many more and during class do fun things like experiment how germs react to soap, and create our own germ out of art materials!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res \$42

Tue	10:30–11:30am	May 31–June 14	48526
-----	---------------	----------------	-------

Preschool Dance



Preschool Ballet A

Ages 3 to 4½ years with no previous dance experience

This exciting introduction to creative dance emphasizes musical expression, coordination and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures.

Ballet slippers required! Location: NKCC

Spring Mon & Sat 9 weeks • No class 5/28 & 5/30
Resident \$65 / Non-Resident \$78

Mon	9:45–10:30am	Apr 11–June 13	48528
Sat	9–9:45am	Apr 16–June 18	48532
Sat	9:50–10:35am	Apr 16–June 18	48533

Spring Wed & Thur 10 weeks

Resident \$72 / Non-Resident \$86

Wed	10:30–11:15am	Apr 13–June 15	48529
Wed	11:25am–12:10pm	Apr 13–June 15	48530
Thur	10:20–11:05am	Apr 14–June 16	48531

Summer 8 weeks • No class 7/2 & 7/4

Resident \$58 / Non-Resident \$70

Mon	9:45–10:30am	June 20–Aug 15	48535
Wed	10:30–11:15am	June 29–Aug 17	48536
Wed	11:25am–12:10pm	June 29–Aug 17	48537
Thur	10:20–11:05am	June 30–Aug 18	48538
Sat	9–9:45am	June 25–Aug 20	48539
Sat	9:50–10:35am	June 25–Aug 20	48540

See page 17 for Dance Class
for Two Year Olds with Parent!

Preschool Ballet B

Ages 4 to 6 years

Older preschoolers and children with previous dance experience will explore musicality, artistic expression and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures.

Ballet slippers required! • Location: NKCC

Spring Mon & Sat 9 weeks • No class 5/28 & 5/30
Resident \$65 / Non-Resident \$78

Mon	11:25am–12:10pm	Apr 11–June 13	48542
Sat	10:40–11:25am	Apr 16–June 18	48544

Spring Thur 10 weeks • Resident \$72 / Non-Resident \$86

Thur	11:15am–12pm	Apr 14–June 16	48543
------	--------------	----------------	-------

Summer 8 weeks • No class 7/2 & 4 • Res \$58/Non-Res \$70

Mon	11:25am–12:10pm	June 20–Aug 15	48545
Thur	11:15am–12pm	June 30–Aug 18	48546
Sat	10:40–11:25am	June 25–Aug 20	48547

For Hip Hop ages 5–7, see page 30

Preschool Ballet/Tap Combo A

Ages 3 to 4½ years

Remember your first pair of shiny black tap shoes? We do! Tap was so much fun we added it to our Preschool Ballet Class! This class will introduce the very beginning movements of ballet and the toe tapping sounds of tap. Parents may join us for the last class to watch and take pictures.

Ballet slippers and tap or dress shoes required! • NKCC

Spring Mon 9 weeks • No class 5/30 • Res \$65 / Non-Res \$78

Mon	10:35–11:20am	Apr 11–June 13	48548
-----	---------------	----------------	-------

Spring Tue & Thur 10 weeks • Resident \$72 / Non-Res \$86

Tue	4–4:45pm	Apr 12–June 14	48549
Thur	9:30–10:15am	Apr 14–June 16	48550

Summer 8 weeks • No class 7/4, 7/19

Resident \$58 / Non-Resident \$70

Mon	10:35–11:20am	June 20–Aug 15	48551
Tue	4–4:45pm	June 28–Aug 23	48552
Thur	9:30–10:15am	June 30–Aug 18	48553

Preschool Ballet/Tap Combo B

Ages 4 to 6 years

Ballet and tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures

Ballet slippers and tap or dress shoes required! • NKCC

Spring 10 weeks • Resident \$72 / Non-Resident \$86

Tue	4:50–5:35pm	Apr 12–June 14	48554
Wed	12:15–1pm	Apr 13–June 15	48555

Summer 8 weeks • No class 7/19 • Res \$58 / Non-Res \$70

Tue	4:50–5:35pm	June 28–Aug 23	48556
Wed	12:15–1pm	June 29–Aug 17	48557

Jazz for Children

Ages 3 to 4½ years

Jazz—it's fun, upbeat, and allows for just enough "free dance." This might be the perfect combination class because ballet techniques are taught through jazz. Start with a simple warm up followed by intros to turns, kicks, and leaps, with time for free form expression. Parents may join us for the last class to watch and take pictures.

Ballet slippers required • Location: NKCC

Spring 10 weeks • Resident \$72 / Non-Resident \$86

Wed	9:40–10:25am	Apr 13–June 15	48558
-----	--------------	----------------	-------

Summer 8 weeks • Resident \$58 / Non-Resident \$70

Wed	9:40–10:25am	June 29–Aug 17	48559
-----	--------------	----------------	-------

Rhythmic Gymnastics

Kirkland Parks teams up with La Luna Rhythmic Gymnastics Academy to bring this beautiful Olympic sport of Rhythmic Gymnastics to the Kirkland community. These introductory classes are offered in a safe, friendly, new studio in your neighborhood. Rhythmic Gymnastics combines the grace and beauty of ballet and creative movement with music. Participants perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Self-esteem, discipline, flexibility, dance and artistry, concentration, eye/hand coordination, and aerobic exercise are some of the benefits of this unique sport. Gymnasts learn the basic positions of ballet and do routines with music.

Instructor Arzu Karaali has trained athletes for National and International competitions and worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta. She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2.

www.lalunagym.com

Rhythmic Gymnastics Level 1 Beginners

Girls Ages 4 to 5 years

Introduces students to basic positions of Ballet and Rhythmic Gymnastics apparatus while encouraging confidence, creativity, flexibility of movement and self-expression.

*No experience necessary • Gymnastics leotard required, bare feet or socks OK • Location: LaLuna Gym, 11251 120th Ave NE, Ste 150 • 5 weeks • No class 5/28
Resident: \$70 / Non-Resident \$84*

Wed	3–4pm	Apr 13–May 11	48583
Sat	12–1pm	Apr 16–May 14	48584
Wed	3–4pm	May 18–June 15	48585
Sat	12–1pm	May 21–June 25	48586

Rhythmic Gymnastics ages 6–8, see page 31.

**YOUTH
ICE HOCKEY**
AGES 4 TO 13 YEARS • PAGE 32

Preschool Kids in Motion

Kids in Motion classes will take a summer break—see you again in the fall!



Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing their large muscle motor skills. This program progresses with your child... they'll be crawling, climbing, balancing, and bouncing! See page 18 for parent/child Kids in Motion classes for younger children.

Kids In Motion—On My Own

Perfect for children transitioning to non-parent participation. This ½ hour class is for children only.

Ages 28 months to 3 years • Location: NKCC
5 weeks • Resident \$23 / Non-Resident \$28

Thurs	9:15–9:45am	Apr 14–May 12	48468
Thurs	9:15–9:45am	May 19–June 16	48469

Kids In Motion A & B These 45-minute classes are for children only.

Motion A Ages 2½ to 3 years • Location: NKCC
5 weeks • Resident \$35 / Non-Resident \$42

Wed	11–11:45am	Apr 13–May 11	48470
Wed	11–11:45am	May 18–June 15	48471

Motion B Ages 3 to 4 years • Location: NKCC
5 weeks • Resident \$35 / Non-Resident \$42

Thur	11:35am–12:20pm	Apr 14–May 12	48472
Thur	11:35am–12:20pm	May 19–June 16	48473

Rain or shine, have a playground party to celebrate your special day at the NKCC!

Ages
1 to 5

PartyTime!

Have an hour of private play time at our outrageously fun indoor playground! Enjoy the rest of your celebration in your very own private party room!
Applications at: www.kirklandwa.gov under "How Do I Rent a Park/Facility"

Reserve Your Special Day!
425.587.3350

2 hours: Resident \$140 / Non-Res \$168
15 Children Max. • Saturday or Sunday

Preschool Sports and Fitness

Mighty Mite Martial Arts

Ages 4 to 6 years

Miller Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt.

*Location: Miller Martial Arts Academy, 8920 122nd Ave NE, Kirkland • 8 weeks • No class 5/28 & 30
Resident \$38 / Non-Resident \$46*

Mon	2:30–3pm	Apr 11–June 6	48560
Wed	2:45–3:15pm	Apr 13–June 1	48561
Sat	10:30–11am	Apr 16–June 11	48562

Ice Skating ALL AGES

Introducing the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Participants will progress toward edge control and more advanced footwork. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level.

Skates will be provided and helmets are highly recommended • Location: SnoKing Arena, 14326 124th Ave NE, Kirkland • Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time • Registration deadline is: one week prior to start of first class • Arrive ½ hour before class to get skates on. Please wear warm clothes, jacket and gloves.

SPRING

Ages 5 to Adult • 7 weeks • No class 5/30
Resident \$135 / Non-Resident \$162

Mon	6–7pm	Apr 25–June 13	48190
-----	-------	----------------	-------

Ages 4 to Adult • 7 weeks • No class 5/27
Resident \$135 / Non-Resident \$162

Tue	10:45–11:45am	Apr 26–June 7	48191
Fri	6–7pm	Apr 29–June 17	48192

SUMMER

Ages 5 to Adult • 7 weeks
Resident \$135 / Non-Resident \$162

Mon	6pm–7pm	July 11–Aug 22	48193
Tue	10:45–11:45am	July 12–Aug 23	48194



Little Tumblers 1

Ages 3 to 4 years

FUNDamental tumbling is geared toward the 3 and 4 year old preschooler. Basic tumbling skills are taught on floor mats. Introduction to low balance beam, bar, and trampoline. The emphasis in this class is placed on coordination, technique, and FUN!

*Please dress comfortably in shorts, T-shirts or leotards
No clothing with buttons or zippers*

Spring 6 weeks • Location: NKCC
Resident \$45 / Non-Resident \$54

Tue	4–4:45pm	Apr 12–May 17	48565
Tue	4–4:45pm	May 31–July 5	48566
Fri	10:45–11:30am	Apr 15–May 20	48567
Fri	11:35am–12:20pm	Apr 15–May 20	48569
Fri	10:45–11:30am	June 3–July 8	48563
Fri	11:35am–12:20pm	June 3–July 8	48568

Summer 5 weeks • Location: NKCC
Resident \$38 / Non-Resident \$46

Tue	4–4:45pm	July 19–Aug 16	48572
Fri	10:45–11:30am	July 22–Aug 19	48573
Fri	11:35am–12:20pm	July 22–Aug 19	48574

Little Tumblers 2

Ages 4 to 6 years

For children with previous tumbling experience only. Review tumbling skills and advance to the next level with additional work on all apparatus.

*Please dress comfortably in shorts, T-shirts or leotards.
No clothing with buttons or zippers.*

Spring 6 weeks • Location: NKCC
Resident \$45 / Non-Resident \$54

Tue	4:50–5:35pm	Apr 12–May 17	48577
Tue	4:50–5:35pm	May 31–July 5	48578

Summer 5 weeks • Location: NKCC
Resident \$38 / Non-Resident \$46

Tue	4:50–5:35pm	July 19–Aug 16	48580
-----	-------------	----------------	-------

**KIRKLAND
KIDS
TRIATHLON**

SWIM BIKE RUN
AGES 3 to 12 YEARS
SEE PAGE 26

SEPTEMBER 10, 2016



PLEASE NOTE

The spring 2016 season filled as we went to print. The next opportunity to participate will be in the fall season! See below for details!

FALL REGISTRATION OPENS JULY 13, 2016

AGES 3 TO 6 YEARS • TWO LOCATIONS TO CHOOSE FROM!

The Pee Wee Soccer League is focused on fun, participation and socialization.

Resident \$69 / Non-Resident \$82

- **AVAILABILITY:** Game times will vary each week—parent and child need to be available during the hours of 9am and 2pm on Saturdays.
- **COACHES MEETING** marks the official start of the program, date TBA (normally two weeks prior to the start date.) Refunds will not be given if withdrawn on or after that meeting date.

Location 1: Emerson High Field, 10903 NE 53rd St

3 to 4 year olds Sat Sept 10–Oct 22 48872

5 to 6 year olds Sat Sept 10–Oct 22 48873

Location 2: 132nd Square Park, 13159 132nd Ave NE

3 to 4 year olds Sat Sept 10–Oct 22 48874

5 to 6 year olds Sat Sept 10–Oct 22 48875

..... Quick Facts about the Pee Wee Soccer League (PWS)

When will I hear details about my child's team, schedule, etc.?

You will be contacted by a coach at least one week prior to the first day. The coach will provide you with information about game schedule, team name, etc.

I'd like to be a coach. How do I apply? And, what if my team does not have a coach?

Please visit our league website www.kirklandwa.gov/peeweesoccer to download the volunteer application. Prior soccer experience does help but is not necessary. We handle applications on a first-come, first-serve basis. All coaches must pass a background check. Feel free to email nthomas@kirklandwa.gov for more information.

How are teams formed?

Registration is taken in the order received. Coaches and their children will be placed together. Siblings will be placed together. Teams are formed randomly, but we take into consideration gender ratios and ages of the participants.

Are special requests taken?

Unfortunately not. The program has grown in such a way that staff no longer has the resources to accommodate these types of requests. Please note that if you register for the league it is the parent's responsibility to arrange for travel and supervision regardless of who is on the child's team.

Are games played in the rain?

Yes, games will be played as scheduled if the field is in good condition. If field conditions are poor we will cancel games for the day and reschedule.

What is the format of the league?

The program meets on Saturday mornings/early afternoons. The program is one hour in duration with the first 20 or 30 minutes of the hour, depending on age division, devoted to practice. The last 30 or 40 minutes are reserved for a friendly, recreational-style soccer game. **Game start times will range from 9am to 2pm and start on the hour.** For example, week one your game might be at 9am but week two your game might be at 11am.

What is included with the registration fee?

Each child will receive a t-shirt to wear during the season and a participant medal at the end of the season. Shin guards are not provided but are required. Cleats are optional but recommended.